



Essential Oils - The Ultimate Resource: A Beginner's Guide to the Use of Essential Oils (Paperback)

By Amy Zulpa

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 221 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Essential oils have been a staple of mankind's health and well-being down through the ages - and never more so than now. In her book *Essential Oils - The Ultimate Resource*, Amy Zulpa sets out to explain, in clear and simple language, which oils carry which benefits, how to choose between genuine and fake oils, and how to buy, store and blend the most beneficial of the essential oils. *Essential Oils - The Ultimate Resource* is a book that provides the reader with immediate solutions to everyday problems. It could be for the relief of aches and pains or to help rejuvenate the skin or sustain hair health. Yes, there is an essential oil out there that can help with that. Essential oils are not new and they have been in use for thousands of years by those who believe in using natural remedies as opposed to the chemically based ones that can come with so many side effects. The book is great for home use and serves as an introductory text to essential oils.



READ ONLINE
[8.41 MB]

Reviews

A very wonderful book with lucid and perfect answers. It is probably the most incredible book I have studied. It has been designed in an exceptionally simple way and is particularly just after I finished reading through this publication by which in fact transformed me, altered the way in my opinion.

-- **Macey Schneider**

Absolutely essential go through ebook. It typically does not cost a lot of. I realized this publication from my mom and dad encouraged this publication to discover.

-- **Mallie Ondricka**