



The Art of Living Well: How to Find Joy and Love Your Life (Paperback)

By Ron Schneebaum

Center Reach Publishing, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Art of Living Well: How to Find Joy and Love Your Life details a path to increased creativity, compassion, and joyfulness. It follows a trail blazed by the sages of western civilization, stopping at four points along the way. The first, the Oracle of Delphi - the Holiest of the Holies in the ancient Greek world - greets us with the words emblazoned on its entryway: Know Thyself. Through these words we will come to an appreciation that Love stands at the very center of our being. We then meet the words of Polonius, a character in Shakespeare s Hamlet, who advises his son: To thine own self be true. In this section we will learn to forge the Love we ve uncovered into a tool of forgiveness, and we will use it to heal the buried hurts and pains from the past. Freed and bolstered with a newly strengthened sense of self, we next stand before the urgings of Ralph Waldo Emerson - Trust thyself. Here, we will learn how to trust the deepest...



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