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## Taste of Home Comfort Food Makeovers: 325 Delicious Comforting Recipes Made Light (Paperback)

By Taste Of Home Taste of Home

Reader s Digest Association, United States, 2015. Paperback. Book Condition: New. 226 x 206 mm. Language: English . Brand New Book. The pros at Taste of Home received hundreds of requests to lighten up family-favorite recipes and they did! Whether cutting calories from a bubbling casserole, trimming fat from a cheesy pizza or skimming sugar from a heavenly dessert, these experts revamped classic dishes while keeping all the mouthwatering flavor in tact. Now they re sharing their secrets in Taste of Home Best-Loved Makeovers. Inside this brand-new cookbook you ll find Nutrition Facts with every recipe as well as Diabetic Exchanges, hints and tips for making over your own favorites and more. Best of all, this must-have collection helps you dish out all the comfort you enjoy without an ounce of guilt! Golden potpies, cheesy lasagna, piping hot mac and cheese, decadent chocolate cake these are just some the favorite foods that home cooks from coast to coast asked Taste of Home to lighten up for them. After all, today s family cooks want to serve hearty specialties but they also want to keep sugar, fat, carbs, sodium and calories at bay. Now, readers of American s No. 1 food...



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-- **Isaac Olson**

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### **Chicken Licken - Read it Yourself with Ladybird: Level 2 (Paperback)**

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. In this classic fairy tale, a nut falls on Chicken Licken s head and he decides he must tell the king that...



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Prometheus Books, United States, 2000. Hardback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. The Internet may now be the most powerful, single source of information in the world, and with an estimated 200 million computers in...